

12th Annual LGBTQIA+ Health Forum

Saturday, March 7, 2020 | Cole Hall, UCSF Parnassus Campus



DAY-OF SCHEDULE

8-9 am	Registration (All Day)
Registration (All Day) Lobby Medical Sciences Building	
8-9 am	Breakfast
Breakfast Lobby Medical Sciences Building	
9-9:30 am	Welcome Remarks
Deepa Philips , RN, MPH, Full-spectrum Doula, UCSF School of Nursing WHNP/CNM Candidate and Jo Probert , UCSF School of Nursing, MEPN First Year <i>Co-Chairs, 2020 LGBTQIA+ Health Forum</i>	
Cole Hall Medical Sciences Building	
9:30-10:30 am	Plenary SpeakOUT
Moderator: Klint Jaramillo, M.Ed., M.S.W. <i>Director, UCSF LGBT Resource Center</i>	
Speakers: Shaun Abrams, PhD Manny Gonzalez, PhD	

<p>Laura Compton, NP</p> <p>Cole Hall Medical Sciences Building</p>	
10:30- 10:45 am	BREAK
10:45-11:45 am	Community Panel: Caring for Queer Communities
<p>Moderator: Dulce Garcia, M.A. <i>Health Educator & Rape Crisis Counselor</i></p> <p>Panelists: Dolores Tejada (Disability Justice Culture Club), Xochitlquetzal Dávila (SF Community Health Center)</p> <p>Cole Hall Medical Sciences Building</p>	
11:45-12:45 pm	Lunch Community Resource Fair
<p>Lunch provided by Moffitt Catering</p> <p>Vendors/Community Organizations:</p> <ul style="list-style-type: none"> ★ Brown Sista Basics ★ Center for Sexual and Gender Minority Health ★ Danchan ★ El/la Para Translatinas ★ Francis Mead ★ Ivy Rose Zines ★ La Botanica Azul ★ Olivia E. Hernández ★ San Francisco Community Health Center ★ Trans Lifeline 	

1:00-1:50 pm	Concurrent Sessions I
<p>Ace Health David Jay <i>Founder of Asexuality.org</i></p> <p>Room: S-163, Medical Sciences Building</p>	

Participants will gain:

1. An understanding of the diverse lived experiences of ace-spectrum individuals.
2. An understanding of how those experiences complicate assumptions made by healthcare institutions about sexuality and emotional intimacy.
3. An understanding of ace movement history, and the tactics that have been successful at advocating for change within those institutions.

Past Anger, Access and Survival: Disability Justice as Care

Dolores Tejada
Disability Justice Culture Club

Room: S-214, Medical Sciences Building

Objectives:

1. Understanding ableism and it's prevalence in our society
2. Disability justice 101
3. Using Disability Justice to give ourselves and others care

Challenges and Resilience: Care of Underserved and Homeless Trans Patients

Leah Warner, NP, MPH
The Street Medicine Team, San Francisco Department of Public Health

Room: S-170, Medical Sciences Building

Objectives:

1. Understand the concept of homelessness
2. Identify who is impacted by homelessness as it related to gender identity
3. Explain system barriers to care for trans people experiencing homelessness
4. Describe methods to break down barriers for trans people experiencing homelessness
5. Discuss resilience for trans people experiencing homelessness

What's SGM got to do with it? An introduction to sexual orientation and gender diversity

Jen Shockey, MPH
UCSF Alliance Health Project

Room: HSW 303, Health Sciences West Building (2nd floor next to Medical Sciences Building)

Objectives:

1. Understand how taking a Cultural Humility approach can be helpful when working across differences.
2. Familiarize ourselves with terms and concepts related to Sexual Gender Minorities (SGM).
3. Recognize the impact of transphobia/homophobia, and microaggressions on LGBT plus people.
4. Identify best practices we can use to create a more inclusive and affirming space for LGBT plus people.

Stonewall Uprising: Impact on older LGBT Adults

Peter Ureste, M.D., *Associate Clinical Professor, UCSF*

Billy Smith, M.D., *2nd year resident in the UCSF Adult Psychiatry Residency Training Program*

Room: N-217, School of Nursing

Objectives:

1. Review early Homophile Movement and pre-Stonewall protests of 1950's and 1960's
2. Discuss the context of the Stonewall Riots and demonstrate why Stonewall was more influential compared to prior riots
3. Explain results of the Caring and Aging with Pride study and describe three distinct generations of LGBT older adults
4. Apply life course theory to understand intergenerational differences

Speak Up: Using Your Expertise as Voice to Advocate for Policies Affecting the LGBTQIA+ Community

Thomas Pospiech, Jr.

4th Year, visiting, Chemical Biology Graduate Student from the University of Michigan

Room: N-225, School of Nursing

Objectives:

You are the expert. So when a recommended policy will negatively impact patient prognosis for those in the LGBTQIA+ community, how do you effectively communicate your professional perspective to policymakers, administrators, and/or legislators?

The goals of this workshop are to:

1. Teach participants how to use their expertise as a voice to support or refute arguments put forth by institutional administrators, policymakers, and legislators.
2. Learn about the many ways to advocate
3. Learn the essential elements of an Op-Ed
4. Write an introduction to your own Op-Ed

Short Film "Festival": *Happy Birthday Marsha!* and *Honored by the Moon*

Facilitated by: Jo Probert, School of Nursing MEPN 1st Year

Room: Cole Hall, Medical Sciences Building

[Happy Birthday Marsha!](#)

Happy Birthday, Marsha! is a film about iconic transgender artist and activist, Marsha "Pay it No Mind" Johnson and her life in the hours before she ignited the 1969 Stonewall Riots in New York City. Written and directed by Tourmaline and Sasha Wortzel.

[Honored by the Moon](#)

In this upbeat and empowering film, Native American lesbians and gay men speak of their unique historical and spiritual role. Within the Native American community, homosexuality was traditionally associated with the power to bridge worlds. Interviews with leading activists and personal testimony attest to the positive and painful experiences of being Native and gay. Produced by Smith (Dakota) for the Minnesota American Indian AIDS Task Force to raise issues of homophobia within the Indian community, this ground-breaking documentary is also an important contribution to culturally sensitive discussions of homosexuality.

2:00- 2:50 pm

Concurrent Sessions II

Liberation through the voice: Gender Affirmative Voice and Communication

Wendy Vastine, M.A., CCC-SLP

Room: S-163, Medical Sciences Building

Objectives:

1. Identify the target areas for gender affirmative voice and communication
2. Differentiate between two different ways resonance is addressed
3. Challenge a binary view of the voice

Health Disparities and Kink as an Unrecognized Sexual Minority: Cultural Humility in Care

Dr. Anna Randall, LCSW

Alternative Sexualities Health Research Alliance (tashr.org)

Room: HSW 303, Health Sciences West Building (2nd floor next to Medical Sciences Building)

Objectives:

1. Identify a minimum of three specific issues or concerns present in clinical interactions with kinky/BDSM identified clients.
2. Identify key characteristics of interactions and relationships that distinguish consensual kink/BDSM from abuse and victimization.
3. Discuss how race, sexual/gender diversity, and class intersect with alternative sexualities and relationship diversity, affecting clinical issues and cultural expressions of alternative sexualities
4. Identify some of the gaps in research on alternative sexuality identities and communities, and how these impact the development of clinical practice guidelines.

Write it Out: Healing Through Writing and Self Love

Evolve Benton, M.A., M.F.A. | *Writer, Speaker, Healer*
Equity and Inclusion Program Manager, Student Experience Team
University of California, San Francisco

Room: N-217, School of Nursing

Objectives:

1. Participants will write it out and learn tools to heal as healers.
2. Participants will learn how to use writing a form of resistance.
3. Participants will be challenged to explore parts of their stories and heal parts of their story.
4. We will read the writings of others Queer Trans People of Color.

The Intersex Healthcare Chasm and What Intersex Youth Are Doing About It

Hans Lindahl, *Director of Communications and Outreach*
InterACT, and InterACT Advocates for Intersex Youth

Room: N-225, School of Nursing

Objectives:

1. Learn about the gaps and abuses intersex people face in healthcare
2. Learn about the history of intersex 'treatment' and its roots in racism and homophobia
3. Identify what intersex people are doing now to self-advocate, and what providers can do to help

HIV Today: Understanding current trends in HIV infection with particular focus on factors faced by LGBTQIA young adults.

Dr. Chris Daley

Outpatient Psychiatrist, Kaiser Permanente San Jose

Room: S-170

Objectives:

1. Understand the mental health risk factors for LGBTQIA populations for HIV infection, with a focus on those faced by those aged 13-24
2. Describe the issues that have made methamphetamine use particularly challenging in populations of men who have sex with men
3. Take away helpful strategies for working with his population to reduce HIV transmission risk, including Pre Exposure Prophylaxis

Queer Institute: Speed Mentoring Edition

Presenters: Andrew Tam, Fion Ng, Elaine Hsiang

Room: S-214, Medical Sciences Building

This session is open to students who attended the Queer Undergraduate Institute on March 6, 2020

Cole Hall

Medical Sciences Building

Short Film "Festival": *Happy Birthday Marsha!* and *Honored by the Moon*

Facilitated by: Deepa Philips, RN, MPH, Full-spectrum doula, UCSF School of Nursing WHNP/CNM Candidate

Room: Cole Hall, Medical Sciences Building

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2:50-3:10 pm	BREAK
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3:10-4:00 pm	Concurrent Sessions III
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Transference and Countertransference challenges in view of the Spectrum of Gender

Dr. Erica Anderson
UCSF Child and Adolescent Gender Clinic in Pediatric Endocrinology .
 Co-presenting with sean c senechal

Room: S-214, Medical Sciences Building

Objectives:

1. Recognize the need to re-evaluate the traditional professional patient paradigm in view of the spectrum of gender
2. Explore possible models of professional interaction to promote Resilience in patients
3. Challenge outmoded paradigms which fail to recognize multiple identities and marginalization, prepare for active resistance to oppression and unconscious bias

Interdisciplinary Perspectives on Fat Studies & LGBTQ Health Intersections

Dr. Natalie Ingraham
Assistant Professor of Sociology at California State University, East Bay

Caleb Luna
Performer-Scholar-Activist and Ph.D. candidate in Performance Studies at UC Berkeley

Room: S-163, Medical Sciences Building

Objectives:

1. Recognize sexual and gender identities and how they intersect with body size and fatness specifically.
2. Consider how trauma and violence happens in medical settings for people who live at various intersections of race, gender identity, sexual orientation, and body size.
3. Challenge traditional medical understandings of body size and "obesity" and how these can cause harm to patients.
4. Describe how fatphobia can negatively impact transgender and non-binary patients in particular and contribute to larger issues of medical neglect and mistreat of transgender and non-binary people in medical settings.

Bottoms Up: Anal sex and Anal health for all

Dr. Matthew Schecter
Office-based Proctologist, General Surgery Dept at Kaiser Oakland

Room: HSW 303, Health Sciences West Building (2nd floor next to Medical Sciences Building)

Objectives:

1. Counsel patients on how to comfortably bottom
2. Counsel patients on how to troubleshoot common problems encountered during/after anal sex

3. Recognize common anal health concerns and their basic treatment
4. Counsel patients on optimizing their anal health
5. Understand the role of the Digital Anal/Rectal Exam for all providers

Writing in the Storm: A Practice of Poetry and Healing

Jackie Berger
Professor of English at Notre Dame de Namur University

Room: N-217, School of Nursing

Objectives:

1. Expose participants to wonderful poetry on illness and healing;
2. Offer writing prompts and time to generate and share work;
3. Facilitate discussion on creative expression as cultural and personal survival.

Vogue and Tone: 2020 Vibes with 2020 Vision

SirJoQ
Dancer/Choreographer/MC in San Francisco

Room: Nursing Mezzanine, School of Nursing

Objectives:

1. Share the History of Vogue Culture
2. Participants will learn about Formation of "Houses" /"Families"
3. And the Role of Vogue Culture in the resistance and resilience to racism and homophobia

Beyond trans 101 - Centering patient needs in clinic at the structural and individual level

Dr. Madeline Deutsch, MD, MPH
Assistant Clinical Professor, UCSF Family and Community Medicine and the Clinical Lead for the Center of Excellence for Transgender Health

Room: N-225, School of Nursing

Objectives:

1. Recognize how to improve transgender patient experiences in clinic
2. Implement nuanced approaches to measuring, recording, and using gender identity data and chosen name and pronoun in clinical settings
3. Understand the intersections of trauma, trans identity, and individual care goals

4:10-5:20 pm Keynote

A Special Keynote by [Alicia Garza](#)
Founder of Black Futures Lab & Co-founder of Black Lives Matter Global Network

Cole Hall
 Medical Sciences Building

5:20-5:30 pm	Closing Remarks
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5:30-7 pm	Reception
<p>Lobby Medical Sciences Building</p>	